

Medela Symposium COINN 2024

Bonding and Binding towards Breastfeeding: How to drive Change inside Neonatal Care Team

Date Tuesday | May 7th, 2024
Time 10:30 – 11:30 am
Place Plenary Europahallen, Aalborg Congress & Culture Center (AKKC)



Chair: Stina Klemming,
MD, neonatologist, Co-Director,
NIDCAP and FINE Trainer, Lund-Malmö
NIDCAP Training and Research Center.
Previous 20-year experience,
Astrid Lindgren's Children's Hospital,
Karolinska University Hospital,
Sweden.



Speaker: Thomas Kühn,
Neonatologist, Medical Consultant,
Vivantes Hospital Level III Centre
of Perinatology, Berlin and CEO of
Neotrainer.

The first hours after birth represent a highly sensitive phase. This is when the foundations for bonding behavior, mother-child interaction, and possibly the child's lifelong psychosocial perspectives are laid. Protected time, facilitated closeness and skin-to-skin contact between the mother and the infant during this time is important for physiological, neurobiological, behavioral and psychological processes.

The bonding and attachment process in the delivery room and later has many facets: it encourages the relationship between mother, father and child, triggers breastfeeding and microbiome transfer, and facilitates adaptation and temperature regulation.

This seminar will encourage participants to support bonding and breastfeeding, even in very premature or sick infants. By using case studies with images and video material, Thomas Kühn will gently challenge participants' current clinical practice and provide many practical tips for a family-centered approach in the delivery room and neonatal unit.

The session will be rounded off by the participation and joint discussion chaired by Dr. Stina Klemming, expert in couplet care and in the clinical practice of immediate skin-to-skin contact for very preterm infants.